



ALLERGEN & DIETARY REQUIREMENTS GUIDE

Allergen Information & Dietary Guide

This Guide Our dish descriptions don't always list every single ingredient involved in the cooking process. This guide aims to equip you with all the allergenic information, along with dietary requirements, for every dish we offer on our menu.

However, please advise us of your specific allergy or dietary requirement when ordering, even if you have eaten the dish before.

Please note, this menu does not list the allergens found in our complimentary condiments.

Our Guarantee Both our kitchens and suppliers handle numerous ingredients, and whilst all your meals are freshly cooked to order, they are cooked in a space that is not allergen free. Whilst we do have strict controls in place, it is not possible to completely eradicate the chance of contamination. Therefore we are unable to guarantee that one of our dishes are 100% allergen free.

Please Note This guide is designed for informational purposes only and therefore, we advise against using it as a substitute for medical advice or treatment.

All allergenic ingredients featured in this guide are in accordance with the EU Food Information for Consumers Regulation

Cereals; containing gluten. Namely wheat, rye, barley, oats or their hybridised strains and products thereof

Crustaceans and products thereof

Eggs and products thereof

Fish and products thereof

Peanuts and products thereof

Soybeans and products thereof

Milk and products thereof (including lactose)

Nuts; namely almonds, hazelnuts, walnuts, cashews, pecan, Brazil, pistachio & macadamia and products thereof

Celery and products thereof

Mustard and products thereof

Sesame Seeds and products thereof

Sulphur Dioxide and Sulphites; at concentrations of more than 10 mg/kg

Lupin and products thereof

Molluscs and products thereof

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	THIS DISH CONTAINS													SUITABLE FOR?		COMMENTS	
	Cereals	Crustacean	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Molluscs	Vegetarian		Vegan
STARTERS																	
Mac 'N' Cheese	●						●		○	●	○	●			Yes		
Mac 'N' Cheese with Chorizo	●						●		○	●	○	●					
Mac 'N' Cheese with Mushroom	●						●		○	●	○	●			Yes		
Fish Cakes	●		●	●			●		○	○	○						
Soup of the Day	Please ask your server for the allergens of today's soup																
Nachos - Beef			●				●		●	○	○						
Nachos - Veg Chilli			●				●		●	○	○				Yes		

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NIBBLES																	
Marinated Olives															Yes		
Mac 'N' Cheese Bites	●		●				●		○	●	○	●			Yes		
Sweet Potato Hummus									○	○	●				Yes	Yes	
Chicken Kofta			●				●		○	○	○						
Mushroom & Blue Cheese Arancini	●		●				●		●	●		●			Yes		
Fish Pakora	○			●	○				○		●						

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MAINS																	
Lamb & Lentil Casserole	●								●	○	○	●					
Grilled Salmon Fillet			●	●						●		●					
Rigatoni Pesto	●							●	●			●			Yes	Yes	
Rigatoni Pesto with Chicken	●							●	●			●					
Chicken Schnitzel	●		●				●		○	●	○	●					
PUB CLASSICS																	
Fish & Chips	●		●	●						●		●					
Sausage & Mash	●						●		●	○	○	●					
Pie of the Day	Please ask your server for the allergens of today's pie.																
Curry of the Day	Please ask your server for the allergen of today's curry.																
Home Baked Ham	●		●						○	●	○	●					

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BURGERS																	
Classic Burger	●		●			○	○	○	○	●	○	●					
Trackside Burger	●		●			○	●	○	○	●	○	●					
Grilled Chicken	●		●			○	○	○	●	●		●					
Southern Fried Chicken	●		●			○	●	○	●	●		●					
Bhaji Bun	●					○	○	○		●		●					
ADDITIONAL TOPPING																	
Bacon																	
Chorizo																	
Guacamole															Yes	Yes	
Monterey Jack							●								Yes		
Blue Cheese							●								Yes		

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SANDWICHES																	
Grilled Chicken	●					●		○			○						
Fish Butty	●		●	●		●		○		●	○	●					
Mature Cheddar	●					●	●	○			○				Yes		
Roast Ham	●		●			●		○		●	○	●					

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SIDES																	
Sweet Potato Fries	○																
Skinny Fries	○																
Onion Rings	●			○													
Seasonal Vegetables																	
Mash							●										
Chips	○																
Sauteed Potatoes							●										
Green Beans							●										
Cauliflower Cheese	○						●										
Garlic Bread	●						●										
Garlic Bread with Cheese	●						●										
Garlic Bread with Tomato	●						●										

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BELLA PIZZA																	
Margerita	●						●								Yes		
Hawaiian	●						●										
Festa Di Carne	●						●										
Pepperoni	●						●										
Vegetarian	●						●							Yes			
Chicken Calzone	●						●										
Chicken Pancetta Piccante	●						●										

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PUDDINGS																	
Sticky Toffee Pudding	●		●	○			●	○			○	○			Yes		
Lemon Olive Oil Cake	●		●				●	●	○	○	○				Yes		
Chocolate & Orange Tart						●	○	○							Yes	Yes	
Fruit Crumble	●					●	●	○									
Ice Cream - Vanilla	●		●				●								Yes		
Ice Cream - Strawberry	●		●				●								Yes		
Ice Cream - Chocolate	●		●				●								Yes		
Ice Cream - Salted Caramel	●		●				●								Yes		